





# Summer 2015 Newsletter


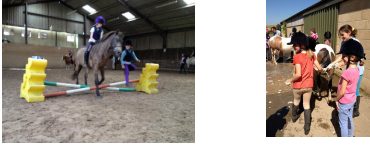
**Ambitions Equestrian Centre**

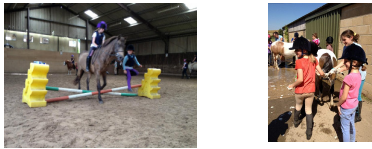


www.ambitions-ec.co.uk


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Tel: 01488 638636

27.06.15	Pub Ride 4.30pm- 7.30pm	For Intermediate & Advanced adult riders , £15 own horse, £25 hired horse.
04.07.15	 <b>Ambitions Academy</b> Dressage Test Training	Hour Group riding clinic 9.30am Intro A, 10.30am Prelim 7, 11.30am Novice 27, £15 own horse/pony, £20 hired.
04.07.15	Pony Club 3.15 - 4.15 pm	Group Badge and riding Rally, £15 per rider.
04.07.15	Pub Ride 4.30pm- 7.30pm	For Intermediate & Advanced adult riders , £15 own horse, £25 hired horse.
7 <sup>th</sup> , 8 <sup>th</sup> & 9 <sup>th</sup> July	<p style="text-align: center;"><b>Ambitions kids Camp</b></p>  <p style="text-align: center;"><b>Limited spaces so please book early!</b></p>	<ul style="list-style-type: none"> <li>U For Novice &amp; Intermediate riders between 5 &amp; 11yrs.</li> <li>U Flatwork/Jump training &amp; hacking,</li> <li>U Practical &amp; Theory sessions,</li> <li>U Own ponies welcome,</li> <li>U 3 days 10.00 am - 4.00 pm,</li> <li>U Lots of rosettes to be won,</li> </ul> <p style="text-align: center;"><b>£170 per rider.</b></p>
10.07.15	<b>Evening Dressage Competition</b> <b>Class 1 Introductory A</b> <b>Class 2 Prelim 7</b> <b>Class 3 Novice 27</b>	<ul style="list-style-type: none"> <li>U £10 per class (£15 hired horse),</li> <li>U Late entries accepted,</li> <li>U Call or email to enter,</li> <li>U Times available from Wednesday before each competition, by phone, text or Facebook.</li> </ul>
11.07.15	<b>Ambitions Academy</b> Rider Fitness workshop Session 4: Recovery  This is an exciting new series for Ambitions! Pollyanna Fitzgerald of Lightspeed Sports Recovery will be taking us through a range of exercises and the science behind why riders need to be body aware to get the best out of our horses.	This is open to all ages and abilities and is a non ridden session.  £10 ADA members £12 non members  2.30pm-4pm

<p>12.07.15</p>	<p><b>Fun Dog Show</b> Starting at 10.15am</p> <p>£1.50 per class in advance, £2 on the day.</p> <p>Class 1 starting promptly at 11am</p> <p>Refreshments and BBQ.</p>	<p>Ring 1: Class 1: Best Pedigree dog Class 2: Best Heinz 57 Class 3: Terriers Class 4: Working Dogs Class 5: Temptation Sit Class 6: Best Lead Control (children under 12yrs) Class 7: Handy Dog Class 8: Fancy Dress Ring 2: Timed Agility – fastest wins!</p>
<p>14<sup>th</sup>, 15<sup>th</sup> &amp; 16<sup>th</sup> July</p>	<p><b>Ambitions kids Camp</b></p>  <p><b>Limited spaces so please book early!</b></p>	<p>U For Novice &amp; Intermediate riders between 5 &amp; 11yrs. U Flatwork/Jump training &amp; hacking, U Practical &amp; Theory sessions, U Own ponies welcome, U 3 days 10.00 am - 4.00 pm, U Lots of rosettes to be won, <b>£170 per rider.</b></p>
<p>17.07.15</p>	<p><b>Fun Evening Show</b> <b>Jumping</b> From 6pm Clear round during each class £4 Rosettes to 6<sup>th</sup> place</p>	<p><b>Class 1: 1ft</b> <b>Class 2: 1ft6</b> <b>Class 3: 2ft</b> <b>Class 4: 2ft3</b> <b>Class 5: 2ft6+</b> <b>£10 per class,</b> <b>Enter by phone , email or Facebook.</b></p>
<p>18.07.15</p>	<p><b>Adult Camp-Day</b> <b>Jumping a course successfully</b> <b>9.00 am – 5.00 pm</b></p> <p><b>This is also great for those that do not jump, as poles can be used to improve your canter!</b></p>	<p><b>A whole day dedicated to working through gridwork exercises to improve your riding feel, plus enhance your horse's way of going through. Theory and practical sessions. Lunch &amp; refreshments provided.</b></p> <p><b>£75 per rider.</b></p>
<p>18.07.15</p>	<p><b>Pony Club</b> 3.15 - 4.15 pm</p>	<p>Group Badge and riding Rally, £15 per rider.</p>
<p>21<sup>st</sup>, 22<sup>nd</sup> &amp; 23<sup>rd</sup> July</p>	<p><b>Ambitions kids Camp</b></p>  <p><b>Limited spaces so please book early!</b></p>	<p>U For Novice &amp; Intermediate riders between 5 &amp; 11yrs. U Flatwork/Jump training &amp; hacking, U Practical &amp; Theory sessions, U Own ponies welcome, U 3 days 10.00 am - 4.00 pm, U Lots of rosettes to be won, <b>£170 per rider.</b></p>
<p>24<sup>th</sup> July</p>	<p><b>Gallops Hack</b></p> <p><b>For Advanced Riders Only</b></p>	<p><b>An adrenaline filled ride along a link of beautiful bridleways to the Gallops and back.</b> <b>12.00 noon – 3.00 pm,</b> <b>£40 per rider own horse,</b> <b>£45 per rider hired horse.</b></p>

<p>27<sup>th</sup>, 28<sup>th</sup> &amp; 29<sup>th</sup> July</p>	<p><b>Ambitions kids Camp</b></p>  <p><b>Limited spaces so please book early!</b></p>	<ul style="list-style-type: none"> <li>U For Novice &amp; Intermediate riders between 5 &amp; 11yrs.</li> <li>U Flatwork/Jump training &amp; hacking,</li> <li>U Practical &amp; Theory sessions,</li> <li>U Own ponies welcome,</li> <li>U 3 days 10.00 am - 4.00 pm,</li> <li>U Lots of rosettes to be won,</li> </ul> <p><b>£170 per rider.</b></p>
<p>27<sup>th</sup>, 28<sup>th</sup> &amp; 29<sup>th</sup> July</p>	<p><b>Youth Camp</b> 9.00 am- 5.00 pm</p> <p><b>Ideal for Intermediate+ and above riders, who have outgrown Kid's camp but not quite ready for Teen camp.</b></p> <p><b>LIMITED SPACES SO PLEASE BOOK EARLY!!!</b></p>	<p><b>For Intermediate+ &amp; Advanced Riders; aged 12 years; and above.</b></p> <p><b>During the 3 days; you will learn what its like to care for your own pony, ride on the flat, Show jumps; and arena XC as well as fun hacking and games.</b></p> <p><b>Lots of rosettes; to be won,</b></p> <p><b>£185 per rider.</b></p>
<p>30th, 31st July</p>	<p><b>Ambitions Academy</b> Introduces it's very first:</p> <p><b>Dressage Camp !</b></p> <p><b>For Academy members &amp; non members.</b></p> <p><b>£80 per day</b></p>	<p><b>This will be a fabulous opportunity to immerse yourself in dressage for 1 or 2 days of camp.</b></p> <p><b>You receive dressage training, lunging, test practice, theory and practical sessions.</b></p> <p><b>Participants and horses are welcome to camp over.</b></p> <p><b>For further details on places and prices please register your interest with us by email: <a href="mailto:ambitionsec@hotmail.co.uk">ambitionsec@hotmail.co.uk</a>.</b></p>
<p>01.08.15</p>	<p><b>Pony Club</b> 3.15 - 4.15 pm</p>	<p>Group Badge and riding Rally, £15 per rider.</p>
<p>4<sup>th</sup>, 5<sup>th</sup> &amp; 6<sup>th</sup> August</p>	<p><b>Ambitions kids Camp</b></p>  <p><b>Limited spaces so please book early!</b></p>	<ul style="list-style-type: none"> <li>U For Novice &amp; Intermediate riders between 5 &amp; 11yrs.</li> <li>U Flatwork/Jump training &amp; hacking,</li> <li>U Practical &amp; Theory sessions,</li> <li>U Own ponies welcome,</li> <li>U 3 days 10.00 am - 4.00 pm,</li> <li>U Lots of rosettes to be won,</li> </ul> <p><b>£170 per rider.</b></p>
<p>4<sup>th</sup>, 5<sup>th</sup> &amp; 6<sup>th</sup> August</p>	<p><b>Youth Camp</b> 9.00 am- 5.00 pm</p> <p><b>Ideal for Intermediate+ and above riders, who have outgrown Kid's camp but not quite ready for Teen camp.</b></p> <p><b>LIMITED SPACES SO PLEASE BOOK EARLY!!!</b></p>	<p><b>For Intermediate+ &amp; Advanced Riders; aged 12 years; and above.</b></p> <p><b>During the 3 days; you will learn what its like to care for your own pony, ride on the flat, Show jumps; and arena XC as well as fun hacking and games.</b></p> <p><b>Lots of rosettes; to be won,</b></p> <p><b>£185 per rider.</b></p>
<p>08.08.15</p>	 <p><b>Ambitions Academy</b> Dressage Test Training</p>	<p>Hour Group riding clinic 9.30am Intro B, 10.30am Prelim 12, 11.30am Novice 28, £15 own horse/pony, £20 hired.</p>

<p>10<sup>th</sup>, 11<sup>th</sup> &amp; 12<sup>th</sup> August</p>	<p><b>Ambitions kids Camp</b></p>  <p><b>Limited spaces so please book early!</b></p>	<ul style="list-style-type: none"> <li>U For Novice &amp; Intermediate riders between 5 &amp; 11yrs.</li> <li>U Flatwork/Jump training &amp; hacking,</li> <li>U Practical &amp; Theory sessions,</li> <li>U Own ponies welcome,</li> <li>U 3 days 10.00 am - 4.00 pm,</li> <li>U Lots of rosettes to be won,</li> </ul> <p><b>£170 per rider.</b></p>
<p>10<sup>th</sup>, 11<sup>th</sup> &amp; 12<sup>th</sup> August</p>	<p><b>Youth Camp</b> 9.00 am- 5.00 pm</p> <p>Ideal for Intermediate+ and above riders, who have outgrown Kid's camp but not quite ready for Teen camp.</p> <p><b>LIMITED SPACES SO PLEASE BOOK EARLY!!!</b></p>	<p><b>For Intermediate+ &amp; Advanced Riders; aged 12 years; and above.</b></p> <p><b>During the 3 days; you will learn what its like to care for your own pony, ride on the flat, Show jump; and arena XC as well as fun hacking and games.</b></p> <p><b>Lots of rosettes; to be won,</b></p> <p><b>£185 per rider.</b></p>
<p>13<sup>th</sup>, 14<sup>th</sup> &amp; 15<sup>th</sup> August</p>	<p><b>Teen Camp</b> 8.00 am – 6.00 pm</p> <p><b>Advanced riders; aged 13yrs; +</b></p> <p><b>LIMITED SPACES SO PLEASE BOOK EARLY!!!</b></p>	<p><b>During this 3 day camp you will learn advanced Flatwork/Jump training &amp; hacking. This is an In depth practical and theory session with a cumulative competition over the 3 days.</b></p> <p><b>Optional camping,</b></p> <p><b>£200 per rider.</b></p>
<p>15.08.15</p>	<p><b>Pony Club</b> 3.15 - 4.15 pm</p>	<p>Group Badge and riding Rally, £15 per rider.</p>
<p>17<sup>th</sup>, 18<sup>th</sup> &amp; 19<sup>th</sup> August</p>	<p><b>Ambitions kids Camp</b></p>  <p><b>Limited spaces so please book early!</b></p>	<ul style="list-style-type: none"> <li>U For Novice &amp; Intermediate riders between 5 &amp; 11yrs.</li> <li>U Flatwork/Jump training &amp; hacking,</li> <li>U Practical &amp; Theory sessions,</li> <li>U Own ponies welcome,</li> <li>U 3 days 10.00 am - 4.00 pm,</li> <li>U Lots of rosettes to be won,</li> </ul> <p><b>£170 per rider.</b></p>
<p>17<sup>th</sup>, 18<sup>th</sup> &amp; 19<sup>th</sup> August</p>	<p><b>Youth Camp</b> 9.00 am- 5.00 pm</p> <p>Ideal for Intermediate+ and above riders, who have outgrown Kid's camp but not quite ready for Teen camp.</p> <p><b>LIMITED SPACES SO PLEASE BOOK EARLY!!!</b></p>	<p><b>For Intermediate+ &amp; Advanced Riders; aged 12 years; and above.</b></p> <p><b>During the 3 days; you will learn what its like to care for your own pony, ride on the flat, Show jump; and arena XC as well as fun hacking and games.</b></p> <p><b>Lots of rosettes; to be won,</b></p> <p><b>£185 per rider.</b></p>
<p>20<sup>th</sup>, 21<sup>st</sup> &amp; 22<sup>nd</sup> August</p>	<p><b>Adult Camp</b> 9.00 am – 5.00 pm</p> <p>For Intermediate + &amp; Advanced riders aged 18 +</p>	<p><b>3 full days of pure Equitation! Camp will include Dressage, Show Jumping (non jumping options) and Arena XC training, along with pub hacks, lunging, theory and practical sessions.</b></p> <p><b>Optional (encouraged) camping, Own horses welcome, Breakfast, Lunch and Dinner provided</b></p> <p><b>From £250 per rider.</b></p>

<p>25<sup>th</sup>, 26<sup>th</sup> &amp; 27<sup>th</sup> August</p>	<p><b>Ambitions kids Camp</b></p>  <p><b>Limited spaces so please book early!</b></p>	<ul style="list-style-type: none"> <li>U For Novice &amp; Intermediate riders between 5 &amp; 11yrs.</li> <li>U Flatwork/Jump training &amp; hacking,</li> <li>U Practical &amp; Theory sessions,</li> <li>U Own ponies welcome,</li> <li>U 3 days 10.00 am - 4.00 pm,</li> <li>U Lots of rosettes to be won,</li> </ul> <p><b>£170 per rider.</b></p>
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<p>28.08.15</p>	<p><b>Fun Evening Show Jumping</b> From 6pm Clear round during each class £4. Rosettes to 6<sup>th</sup> place.</p>	<p><b>Class 1: 1ft</b> <b>Class 2: 1ft6</b> <b>Class 3: 2ft</b> <b>Class 4: 2ft3</b> <b>Class 5: 2ft6+</b> <b>£10 per class.</b> <b>Enter by phone, email or Facebook.</b></p>
<p>29.08.15</p>	<p><b>Pony Club</b> 3.15 - 4.15 pm</p>	<p>Group Badge and riding Rally, £15 per rider.</p>
<p>Every Wednesday</p>	 <p><b>Ambitions Academy</b> Dressage Training</p>	<p><b>11am &amp; 7.30pm</b> Hour Group riding clinics £15 own horse/pony. £20 hired.</p>

Please let us know if there are any other activities or events that you want us to hold, we are always keen for your feedback!!!

Please note that you must be an Academy member to participate in any Academy event. Membership is £25 per year.